



WEDNESDAY, MARCH 20, 2024

A Shocking Discovery that Helps Set You Free

Key Lesson: So called “self-love” is the endless hunger of an unconscious nature for the attention of others...to feed its insatiable appetite to feel as important as it imagines itself to be.

Talk Takeaways

- When without falling into any form of despair, depression, or regret, you begin to lose all interest in looking for yourself in any image or belief - because the taste of yourself no longer tastes good to you - that's when you begin to wake up.
- The mind sees in parts -- sometimes through our intellect, sometimes emotion, sometimes sensation.
- Lower nature is constructed so as to identify with the parts of the whole, not the whole.
- All we know to do is change the one thing, but it is the whole of this nature that has to change. Either the whole of oneself changes or they don't change at all.
- When reliving a bitter memory of loss, it is actually the consciousness itself reliving a bitter experience of itself.

- This consciousness looks for images of itself, good or bad, so it can feel something about itself.
- You have strained family relationship because you want them to see you as you imagine yourself to be.
- All of these reactions have one thing in common: a virtual endless appetite that some image I have is confirmed.
- My own mind is compelled to fight with itself.
- We are compelled to keep thinking about this or that one thing again and again, believing we will finally change it. But what is taking place is this consciousness is revisiting itself.
- Exercise: I need to be someone who isn't under the gun. How? I set the gun down and face the threat, saying: "I won't jump through that hoop again. I see it's the same hoop, only colored differently." When it starts to go... you don't go with it.
- To understand the principle that 'No one is good save the Father' is to realize you can't stop yourself. Now you're in the crucible. The unconscious mind is finally starting to illuminate ... it sees what it sees and that is what disturbs it.
- I need to be aware of this consciousness, not let it tell me what to be aware of.
- If I'm looking for anything to save myself, the wrong part of me is looking.
- Set yourself not against the conflict, but for discovery. I'm for new realization. What I'm 'for' has a different taste than being 'against' something.
- The search for a time to come is a time produced by a nature that is divided. It creates the times it wants so it won't be experiencing itself.
- What is it like to live with a belief system? I'm at odds with anyone who doesn't agree with me.